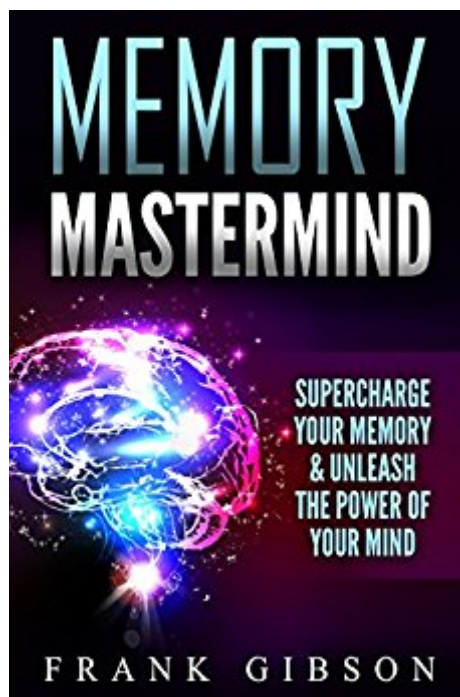


The book was found

Memory: Mastermind - Supercharge Your Memory & Unleash The Power Of Your Mind To Maximize Productivity, Focus & Intelligence



Synopsis

⌘ ⌘ |LIMITED TIME BONUS⌘ ⌘ - FREE Speed Reading Course Included
Inside This Book
Supercharge Your Memory & Unleash The Power Of Your Mind!
Are you ready to become a Memory Mastermind? Our dependency on modern technology has weakened the memory of the general population. We no longer rely on our own faculties to remember much, we simply pick up our smartphones, tablets or laptops and Google it. We no longer feel any need to remember directions when we have GPS navigation at our fingertips. What need is there to remember the recipe your friend used at last week's dinner party when she can just email it to you? Many people can't even remember their own phone number, they have to pull out their phone and look it up! Your memory is a faculty that needs to be looked after and trained much like your muscles. The more you use it, the stronger and more powerful it becomes. By the time you finish reading this book you will be ready to use your supercharged memory and mind to: Memorize anything, from large lists to 25,000 word poems, in the fastest, most effective ways. Learn faster! Improve your concentration Sharpen your focus Increase your intelligence Become more confident And many other benefits you will notice as you continue to practice the principles in this book...Download Your Copy TODAY!

Book Information

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Customer Reviews

This book contains lots of great conventional (and unconventional) methods of learning to memorize vast amounts of information and even goes as far as listing exercises for when recalling information for things like contests or just exams. It uses a broad range of methods to train your mind, including the generic memory exercises such as mnemonics, chunking etc, and less direct methods such as the optimal nutrition, and life changes such as sleeping patterns and habits such as meditation. I learnt a good amount of new info in the book such as using eye movements to memorize various fields of information. This is a very thorough and valuable book for anyone who wishes to train their memory.

I really find it fascinating that we only use so little of our brain power and that we have a huge amount of untapped potential that we rarely get to discover. I tried some of the mental exercises within the book upon reading through the instructions and they were very easy to master. For someone like me, who is struggling somewhat with my short-term memory, this book will be very useful for me. It gives me a clear picture of what are the vitamins I need to load on and what I can do to enhance my memory. I highly recommend this book to all the people who want to improve their memory.

This great book shows technique that allows us to memorize facts and information faster by associating them with images. It also teach us how to use this techniques in the process of memorization by association information to different locations. This is very effective and enjoyable way of learning. In this book you can find explanation how you need to be physically healthy in order to be mentally healthy. It also shows us benefits of meditations for our brain. Now, with this knowledge, I can use my mind more efficiently.

This is pretty basic, but effective in and of itself. I use some of the techniques in business to remember names and appointments that I have coming up. Aside from writing things down, we need to remember way too much information on a regular basis. We live in a high speed world where computers are storing so much information for us, but we need to work on this skill. This book presents some great insights on how to do that. Nothing is extremely groundbreaking, but the

processes used in this book will help your memory.

All of us have powerful mind. Some use it a lot while others are having trouble to utilize its potential. This book will help you expand your memory's capacity in dealing things and get smarter. There are tricks provided which will help you become more focused and that will increase your intelligence.

I think majority of us including myself have a hard time remembering everything. I got this book to help me with my memory, how to master it. This book is very helpful with that. It gives you tips on how to. For example: "Use Chunking"; it's a process where you group a bunch of random facts or items together. It gives you examples on how to. Great book!

Well, I must say it took me by surprise. I am grateful that you wrote this book not only to teach memory skills, but also to importantly instill in every reader the tools necessary to pursue that which they desire most and aspire to be all they can ever imagine. My eyes have been opened into a world of possibilities, it truly came at the right time in my life.

Thank you.

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